



International Youth Exchange

Place: Kranj, Slovenia

Date: 10.-18.5.2017

APV: 13.-14.4.2017

Participants: 24 (group 5+1)

Age of participants: 18-25

Topic: Social inclusion through sport and acceptance of cultural differences

**Host country:**

Slovenia – Klub študentov Kranj

**Other countries involved:**

Croatia - Mladi za Marof

Germany - Bund ukrainischer Studenten in Deutschland e.V.

Malta - Malta UNESCO Youth Association

Contact person: Nika Ajdovec; nika.ajdovec@ksk.si



## Dear Participants and partner organizations,

In this info-pack you will find the basic information about the project, the programme, and the venue.

### HOSTING ORGANISATION

Klub študentov Kranj  
Slovenski trg 5  
SI-4000 Kranj

T: +386 4 23 60 630  
<http://www.ksk.si/>  
E-naslov: [info@ksk.si](mailto:info@ksk.si)

Klub študentov Kranj (Students' Club Kranj) was established in 1990. It's a voluntary, independent, non-profit association of students and pupils, with a view to integration, education, raising the cultural level and the provision of benefits to its members - current members can choose from a large range of different benefits.

Events in the club's organization are based on four pillars: department of Education prepares educational workshops, courses, lectures and excursions into the unknown; department of Culture is responsible for creative workshops, Entertaining events and relaxing evenings at cultural events; department for Welfare and Health helps young mothers and raises awareness of diseases; department for Sport offers adrenaline activities, recreation (swimming, football, basketball, volleyball) and tournaments as well as encourages a healthy mind in a healthy body.

Every year in May, Klub študentov Kranj organises a festival called [Teden mladih](#) (Week of Youth), which hosts more than 100 events, such as concerts, sport and cultural events, lectures and possibilities to enjoy culinary treats in the centre of town Kranj.

Link to the [Website](#).



## **ABOUT ACCEPT ME, ACCEPT MY CULTURE YOUTH EXCHANGE**

### **PROJECT INFORMATION**

Project "Accept me, accept my culture" will be held in Kranj, where a major inter-cultural mix of the local population is represented, despite the town smallness. We are seeing the problem of young people who are rarely involved in intercultural and international activities, and an increase of intolerance towards diversity. With partner organizations which are facing the same problem of exclusion of young people, we will prepare activities that promote intercultural exchange of knowledge, in-depth look at the background of culture and behaviour of individuals.

#### **Therefore, our objectives are:**

- ~ To enable young people to explore different parts of culture of the project's participants, their differences and similarities. This will be done through games, debates, workshops and discussions
- ~ Increase young people's involvement in intercultural and international experience; especially for those with fewer opportunities.
- ~ To enable local population's participation in cultural and sports workshops and intercultural evening, as well as reading articles about the activities on the internet and newspapers and to improve the dissemination of information in the local environment.
- ~ To enable participants to reflect on their learning and to familiarise themselves with Youthpass.

The main activity that will go on throughout the whole time of the project will be working in groups in order to create games that will be based on an individual's childhood games, and will be present in all the participating countries. Games represent a start of child's learning and this represents various aspects of culture, behaviour and rules of individual participants and nations. Games will be presented at the festival, which will take place as part of Week of Youth in Kranj. Local residents will be invited to participate and learn through games.

We will carry out the role play and discussions in the group and stress the importance of teamwork, especially in ethnically mixed groups.

The expected results are new knowledge of the participants on the background of cultures they will get in touch with on the project. Throughout the whole activity, participants will gain work experiences, variety of skills, especially improving



communication in a foreign language, a sense of initiative and cultural awareness. Expanding activism among young people for work in youth organizations and dissemination of knowledge about cultures through friends and relatives is also one of the gains of participating on the project. Programme gives more experience and acquaintances in international organizations for better future work.

In their free time, participants will have time to explore the town and to be involved in the lively and diverse programme of Week of Youth festival.

In one morning session we will offer everybody an insight into digital journalism, learn how to write articles with interesting and relevant content and in the correct form, tailored to certain communication channel. Therefore, later during the week, everybody in a group will be able to present our daily work on social media channels and our website. Mentor for this activity will be youth trainer and journalism graduate with several years of experience in digital marketing.

### **COSTS**

Board, lodging and program costs will be provided and covered by grant from the Erasmus+ programme.



Erasmus+

"Accept me, accept my culture" - Programme

DAY / HOUR	8:00 to 9:15	9:30 to 9.45	10.00 to 11.30	12.00 to 13.30	13.30 to 15.00	15.00 to 16.30	17.00 to 18.30	18:30 to 19:00	Dinner	20.15 to 20.30	21.00 to 22.30
<b>Wednesday 10.May</b>					<i>Arrivals of participants</i>			18.30 - 20.15		<b>LEADERS MEETING</b>	Welcome party
<b>Thursday 11.May</b>	Breakfast	Energizer	Icebreakers and name games	Exchange Rules	<b>LUNCH</b>	Teambuilding activity - Cultural stereotypes	Erasmus+ and Youthpass presentation	19.00 - 20.15			Personal short movie presentation
<b>Friday 12.May</b>	Breakfast	Energizer Slovenia	Journalism basics workshop	Social inclusion through sport		The Iceberg Concept of Culture	The Iceberg Concept of C. - Discussion	19.00 - 20.15			Local event - "Youth week" opening event
<b>Saturday 13.May</b>	Breakfast	Energizer Croatia	Intercultural playground			Intercultural playground		19.00 - 20.15			Kranj Night Run
<b>Sunday 14.May</b>	Breakfast		WALKING TRIP - Sv. Jošt	Workshop: Social exclusion in our communities		WALKING TRIP - Sv. Jošt	Intercultural playground	19.00 - 20.15			Intercultural evening
<b>Monday 15.May</b>	Breakfast		Intercultural playground	Visit of local high school - Intercultural learning		Share your knowledge - Open workshop		19.00 - 20.15			Free evening
<b>Tuesday 16.May</b>	Breakfast	Energizer Germany	Preparation - Intercultural playground			<b>EVENT: Medkulturno igrišče / Intercultural playground</b>		19.00 - 20.15			International Board games evening
<b>Wednesday 17.May</b>	Breakfast	Energizer Malta	Evaluation of games - Intercultural playground	Making brochures -Intercultural playground		Brochures and survey analysis	The Tunnels under the old town Kranj	<i>Break</i>	Final Evaluation + Youthpass Ceremony		19.45 - 21.00
<b>Thursday 18.May</b>	Breakfast (8:00 - 10:30)		<i>Departures</i>								



## **PARTICIPANT'S PROFILE**

- ~ Number of participants per country: 5 + 1 group leader.
- ~ The group of participants is going to be as diverse as possible - coming from different cultural backgrounds and environment.
- ~ Priority will be given to participants with fewer opportunities; young people from less privileged cultural, geographical, or socio-economic backgrounds.
- ~ Please try to keep gender balance of participants and limit age between 18-25.

## **YOUTHPASS**

Every participant is individually entitled to receive a Youthpass Certificate which confirms participation and validates the non-formal learning (NFL) experience of the Youth Exchange project. Self-evaluation and validation of participants' learning experience are important as such and the document can be of benefit in terms of the educational or employment future of the participant.

Through Youthpass the European Commission ensures the Youth Exchange activity is recognised as a non-formal learning experience. For more information on Youthpass click [HERE](#).

## **WHAT TO PREPARE BEFORE THE PROJECT**

Before the exchange, the participants will be expected to do a little brainstorming and within the national team decide which board game is the most popular in their culture/country. Bring it along and prepare simple rules for it, so that one evening we can play these games all together.

Each national group should prepare cultural program for Public open intercultural evening. Every country will have around 30 minutes to share something about their culture with others. Short media presentation can be prepared; we have speakers and a screen to project the videos / pictures. Participants can bring traditional food, drinks, clothes, etc. You can also bring maps, posters, postcards and leaflets to show us where you come from.

Every individual is expected to film a short - 1 minute video about their interests, interesting cultural habits, anything you would like to share with others. So we can get to know each other quickly in the first days. You can also film video all together in with your sending organisation support.



## LOCATION

Kranj is the fourth largest city in Slovenia, with a population of 55.800 (2012). It is located approximately 12 miles northwest of Ljubljana. The centre of the City Municipality of Kranj and of the traditional region of Upper Carniola (north-western Slovenia) is a mainly industrial city with significant electronics and rubber industries. More about the town [KRANJ](#).



## ACCOMMODATION

Participants will be accommodated in Hostel Cukrarna, which is situated in the centre of town Kranj. Rooms with pre-prepared beds have linens and towels. The house offers a free wi-fi internet connection all over the hostel.

Address: Tavčarjeva ulica 9, 4000 Kranj, Slovenija  
You can check the hostel here: <http://cukrarna.si/>

## WHAT TO PACK

Here is the list of things you should bring with you, or consider when packing:

- ~ Valid document: Passport or ID.
- ~ Travel documentation (tickets, travel invoices, boarding passes, etc.).
- ~ Medicines (pain killers, anti-allergy, or similar that you are familiar with).
- ~ Technology you might need during your stay (camera, laptop).
- ~ The electricity is standard European: 220V, 50Hz, 2 pin plugs.



## TRAVEL COSTS

Travel costs will be refunded based on original tickets and receipts up to the maximum amounts listed below:

Croatia	For travel distances between 100 and 499 KM	80 EUR per participant
Germany	For travel distances between 100 and 499 KM	80 EUR per participant
Malta	For travel distances between 500 and 1999 KM	170 EUR per participant
Slovenia	/	/

**REMEMBER TO KEEP ALL YOUR TRAVEL DOCUMENTS - INVOICES, TRAVEL ITINERARIES AND BOARDING PASSES!**

## TRAVEL INSTRUCTIONS

### *AIRPORT*

Fly to: Ljubljana (LJU) / Venice – Treviso (TSF)

The best option is to fly either directly to Ljubljana (LJU) or Venice–Treviso (TSF).

### [RAYNAIR](#)

From Venice take a van [GoOpti](#) straight to Bus station Kranj (most likely cheapest and fastest way).

Journey from Ljubljana airport to Kranj takes 15 - 30 minutes by bus (depends which way around does bus go). [ALPETOUR BUS](#)

### *BUS*

If you travel to Slovenia by bus, search for bus station Ljubljana or Kranj. [FLIXBUS](#)

If arriving to, Ljubljana take a bus from Ljubljana AP (bus station) to Kranj AP or Kranj Globus station. You can buy ticket on bus, and it costs 3,60€. [ALPETOUR BUS](#)

### *TRAIN*

If you travel by train, choose a train station Ljubljana or Kranj. [TRAIN](#)



## **WEATHER**

Average temperature in May is 8 - 20°C.

## **INSURANCE**

Participants will be responsible for arranging insurance for themselves. Please bring your European Health Insurance Card, which you can get for free. We also kindly recommend you to get extra travel insurance before coming to Slovenia.

## **FACEBOOK GROUP**

We would like to ask chosen participants to join [Facebook group](#), where we will share important information and open possibility to communicate with each other before and after the project.

In case you have any question, please contact project coordinator.

Nika Ajdovec: nika.ajdovec@ksk.si

T: +386 40842885

**Looking forward to meeting you,  
Klub študentov Kranj team!**

Projekt je financiran s strani Evropske komisije. Vsebina sporočila odraža izključno stališča avtorja. Nacionalna agencija ter Evropska komisija nista odgovorni za kakršno koli uporabo informacij, ki jih sporočilo vsebuje.